

Field Trip Report: Aquamax Rehab & Wellness Pvt.Ltd – Aquatic Therapy Center

Dates: 14th & 16th January, 2025

Participants: Masters of Physiotherapy students, 2nd year (2 batches)

Introduction:

This field trip was organized to give students practical exposure to the field, bridging the gap between theoretical knowledge and real-world application. The visit aimed to provide students with a deeper understanding of the therapeutic benefits of water-based treatments and how aquatic therapy is applied to improve patients' mobility, strength, and overall health.

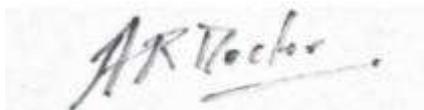
Highlights:

- Introduction to principles of Aquatic therapy
- Hands-on aquatic therapy experience
- Case discussions of various conditions
- Emphasis on holistic approach in rehabilitation
- Interaction with professionals in the field

Conclusion:

The field trip was a highly informative and enriching experience for the students. The hands-on exposure to aquatic therapy practices not only enhanced academic understanding but also allowed them to appreciate the real-world impact of this therapeutic approach. The insights gained during the visit will undoubtedly contribute to their academic growth and inspire many students to consider aquatic therapy as a viable career option.

Prepared By:



Dr. Arnaaz Doctor
Assistant Professor
Sunandan Divatia School of Science
SVKM's NMIMS University



Attendance Sheet

14th January, 2024

Sr. No	Name	Sign
1	Ruchira P. Patil	Rpatil
2	Shrameni Charan	Shrameni
3	Pooja Choudhary	Pooja.
4	Riya Chaliawala	Chaliawala
5	Khyati Thakkar	KT
6	Hemakshi Jain	HJain
7	Gargi Wakdikar	Gargi
8	Smrutika Karanjkar	Karnjkar
9	Khushboo Agrawal	Khushboo
10	Elizabeth Lobo	Elizabeth
11	Diksha Jagwani	Diksha
12	Vaidehi Dable	Vaidehi
13	Maitri Shah	Maitri
14	Sheta Sayad	Sheta
15	Erc Souza	Erc
16	Sanjana Chandan	Sanjana
17	Tanay Gandhi	Tanay
18	Abhinav Jain	Abhinav
19	Amya Desai	Amya
20	Aayushi C Shah	AS
21	Mital Shah	Mital
22	Shruti Tripathi	ST
23	Priya Chandak	Priya
24	Sneha Agrawal	Sneha
25	Krish Choksi	Krish
26	Sakshi Thakkar	Sakshi
27		
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29		
30		

Dr Chandni A Mehta

AQUAMAX REHAB & WELLNESS PVT. LTD

Sr. No	Name	Sign
1	Anevi Nagda	
2	Aayushi K. Shah	
3	Aishwarya Deo	
4	Kousha Patel	
5	Aryali souvade	
6	Riddhi Jain	
7	Gayabree Bodas	
8	Keshvi Dave	
9	Binoti Shukla	
10	Rashi Haria	
11	AKansha - Asrani	
12	Foram. Kaji	
13	Rudri. Vora	
14	Megha Trivedi	
15	Rutuja Hatkar	
16	Chaitanya Paks	
17	Shraddha Rane	
18	Rutwik Kottawar	
19	Ashwathy Nair	
20	Priyal Pandit	
21	Shivani Narsinghani	
22	Shrutika Mungat	
23	AKansha Mittal	
24	Swabhi Agarwal	
25	Kritasruti Marker	
26	Nidhi D Gala	
27		
28		
29		
30		

Dr Chandni A Mehta (Physiotherapist)
 Bpt, CCE(USA), MIA P, OTPT Reg
 Certified Aquatic Therapist
 Certified Cupping, KIAMT n Dry Needling Therapist
 Manual therapist

Dr Chandni A Mehta

AQUAMAX REHAB & WELLNESS PVT. LTD.

16th January, 2025

To,
Dr. Chandni Mehta
Founder & Physiotherapist
Aquamax Rehab & Wellness Pvt. Ltd
Mumbai

Dear Dr. Chandni,

On behalf of the students and faculty of Sunandan Divatia School Of Science, NMIMS University, I would like to express our sincere gratitude to you and your team at Aquamax Rehab & Wellness Pvt. Ltd for graciously allowing our Masters of Physiotherapy students to visit your center for a field trip.

The experience provided our students with invaluable, hands-on insight into the practice and principles of aquatic therapy. The opportunity to observe and learn from your skilled professionals, as well as to witness the positive impact of aquatic therapy on individuals, will no doubt enhance the students' academic development and deepen their understanding of this essential field.

We greatly appreciate the time, effort, and resources that you dedicated to ensuring a meaningful experience for our students. The visit has inspired them to further explore the potential of aquatic therapy in their future careers, and we are confident that the knowledge gained during this field trip will be instrumental in their growth as professionals.

Once again, thank you for your generosity and support. We look forward to the possibility of future collaborations between Sunandan Divatia School Of Science, NMIMS University and Aquamax Rehab & Wellness Pvt. Ltd.

Sincerely,



Dr. Arnaaz Doctor
Assistant Professor
Department of Physiotherapy
NMIMS (deemed-to-be) University