

Activity Report

Name of Activity:	Free Health Check up camp for Mumbai Diamond market Association.
Name of school:	SunandanDivatia School of Science, NMIMS, Mumbai
Date:	June 28, 2024
Time:	09:00 AM to 02:00 PM
Venue:	Bharat Diamond Bourse, G Block, Bandra Kurla Complex (BKC), Bandra (E), Mumbai
Objectives of the event:	A free health check-up camp was organized for members of the Mumbai Diamond Market Association in collaboration with Nanavati Max Super Speciality Hospital and department of physiotherapy, NMIMS University. The camp aimed at promoting preventive health care by offering a variety of medical tests and consultations free of cost to the community.

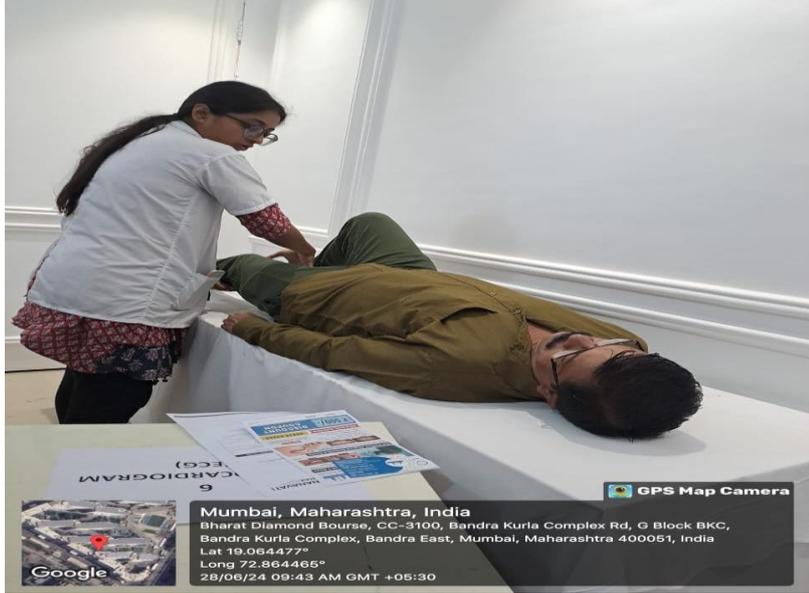
Details:

1. Where the activity conducted	Bharat Diamond Bourse, G Block, Bandra Kurla Complex (BKC), Bandra (E), Mumbai.
2. Who organized	Dept of Physiotherapy
3. Which students participated	MPT students, SDSOS NMIMS, Mumbai
4. No. of students participated	3 MPT Students
5. Faculty / Mentor	Dr.KhadijehMenai
6. Description	<p>Services Offered The camp provided a comprehensive set of health evaluations, including:</p> <ul style="list-style-type: none"> • Physiotherapy consultation • Random blood sugar (RBS) • Blood pressure check • Bone mineral densitometry (BMD) to assess bone health • Dental check-ups • Eye examinations • ECG tests (as per doctor's recommendation) • General doctor consultations • Dietician's consultations for nutritional advice

	<p>Special Highlight: Physiotherapy Check-Up One of the major highlights of the camp was a Physiotherapy Consultation led by three Master of Physiotherapy (MPT) students from Sunandan Divatia School of Science. Their involvement played a crucial role in ensuring a thorough physiotherapy evaluation for participants, focusing on:</p> <ul style="list-style-type: none"> • Posture assessments • Musculoskeletal health • Movement disorders • Chronic pain management and preventive strategies <p>The students provided personalized advice to attendees, promoting physical well-being and recommending exercises to improve mobility and prevent future musculoskeletal issues. They worked under the guidance of the hospital's physiotherapy team to deliver professional and detailed assessments.</p> <p>Outcome The camp successfully catered to the healthcare needs of the diamond market community, addressing over 200 participants. It emphasized the importance of regular health check-ups and provided participants with actionable advice and follow-up care where necessary. The involvement of physiotherapy students added a unique dimension to the camp by focusing on rehabilitation, pain relief, and the promotion of active lifestyles among attendees.</p>
7. Beneficiary Group	Members of the Mumbai Diamond Market Association
8. Conclusion/outcome	The Free Health Check-Up Camp successfully promoted preventive healthcare, offering essential screenings and consultations to the Mumbai Diamond Market community. The physiotherapy evaluations, conducted by MPT students from Sunandan Divatia School of Science, were particularly impactful in addressing musculoskeletal health and providing personalized care. The collaboration between Nanavati Max Super Speciality Hospital and the association highlighted the importance of community-driven health initiatives, paving the way for future efforts to enhance public well-being.

Report should be supplemented with:

1. Photographs and captions	MPT students providing physiotherapy consultation during the health check up camp
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Faculty Mentor Signature:

Khadijeh Menai

Faculty Mentor Name:

Dr Khadijeh Menai



SUNANDAN DIVATIYA SCHOOL OF SCIENCE
SVKM'S NMIMS UNIVERSITY
VILE PARLE (WEST), MUMBAI - 400 056.